



ROTARY CLUB OF BOX HILL



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A Message from the President

On Monday last week I attended the Annual General Meeting of the State Schools' Relief Committee and had the pleasure of presenting a cheque for \$1000 from our club to this very worthy organization and one which we have supported for a number of years.

This organization is another one of the many community organizations that quietly go about helping people in ways many do not know about. One of the quiet unknowns, a bit like Rotary in that respect. It is now in its 79th year having been formed in 1930, during the great depression, by a group of concerned Principals and Teachers who saw the need to provide footwear, clothing and food to students in destitute circumstances. Over the 79 years of its existence the State Schools' Relief Committee (SSRC) has continued to assist disadvantaged students attending Victorian Government primary, special and secondary schools with brand new clothing and footwear.

The Committee responds to students' needs following a request by parents through the School Principal. All requests are treated sympathetically and confidentially. The Committee is a registered charity and relies on donations of money and in some cases donations of new school clothing from suppliers of school wear. All money received is used to help students in need. The Victorian Education Department provides for staff salaries and accommodation.

This year was a particularly busy year for the SSRC with so many requests for assistance coming in from people who had lost everything in the recent tragic bushfires. This was on top of the usual requests for assistance received each year. To their credit all requests for help with school clothing and footwear were responded to within twenty-four hours of being received.

It is interesting to note that during the last financial year nearly 7400 applications for assistance were received for school clothing and footwear from people in desperate need. This resulted in a total cost of \$680,000. In the last three years the SSRC has supported 23,000 applications at a cost of 2.4 million dollars. What a magnificent effort on the part of the SSRC but what a shame that there are so many children needing help.

Our donation, although small in comparison, and like any other donation which is gratefully received, helps to ensure that children are appropriately clothed and shod for school and are wearing clothes that are the same as their schoolmates. The assistance given to these children by providing them with all the right clothing must go a long way to helping their self esteem, their enjoyment of school life and their success in their studies.

The State Schools' Relief Committee is doing wonderful work in the schools of Victoria and I was very pleased to make the presentation of the cheque on behalf of Box Hill.

Yours in Rotary,

Tom Thorpe

LAST WEEK'S MEETING

The meeting was conducted at E & S Trading in Whitehorse Rd Blackburn, and our thanks are extended to Geoff Iles for organizing the evening, and to the owner of E & S Trading – Rob and his store Manager David, for hosting the Club last Tuesday evening.



Rob and David – NO – NOT Ordering a Hungry Jacks Burger But demonstrating the benefits of Induction Cooking

The major part of the evening was a very interesting demonstration of Induction heating, applied to cooking. Rob gave several demonstrations which clearly showed the superiority of Induction Heating over a traditional gas cook top.

The first and perhaps the most impressive was the safety aspects which derive from this method of cooking. Firstly, the hot-plate itself is a little warmer than body temperature – a distinct safety feature where little children are near the cooking surface. Next, the cooking hot-plate is flat, so the movement of saucepans, pots etc will not cause the utensil to spill, should it be moved (unlike a typical gas top burner with its uneven surface).

Next, the handles of the cooking utensils do not become hot during cooking. The sides of the utensils also do not become hot (above the food/fluid line) – another safety feature for small children (and adults too!).

Next, the cook-top will only start heating, if sufficient mass is placed onto the heating element surface. If pots are not (nearly) centrally located onto the heating element they will not start to cook.

Equally, when the pot boils dry, after a period of time the heating unit will switch off.

Induction heating works where there is a metallic magnetic layer embedded into the base of the cooking utensil (pot, pan, etc), which becomes 'excited' by the magnetic coil of the heating element.

As the material becomes more 'excited' so heat is transferred between the two surfaces, but heat is not transferred to the whole of the cooking utensil – only to the base, and then in a very even manner, which provides an evenly heated contents of the pot or saucepan.



Members in awe of the demonstration

The 'glass' surface of the hot-plate is highly scratch resistant, and is conditioned to ensure objects dropped accidentally onto the surface will not break the glass – even if they are dropped on the edge of the glass – it will not break or shatter. It was considered that under normal use, the glass surface was not likely to break.

Persons wearing pace-makers should be very careful if exposed to an induction cooking environment, and the magnetic field generated when the cookers are turned on, may interfere with the pacemaker.

The Induction Cook-Tops are not cheap – and depending on the number of elements built into the cooking surface the price maybe 3 to 4 times higher than a comparable gas top appliance.

One aspect which also needs to be considered is that when an induction cooking appliance is to be installed, a 32 amp fuse is required in the household fuse box, and although this is the same capacity fuse as is required for a coil element electric stove top, the induction cooker draws some 40% less power than a conventional electric stove top. Thus there is a

saving in power consumption using an Induction cooker over a conventional Electric cooker, but when compared to a gas cooker – gas will be cheaper than both the induction cooker and the conventional electric cooker.

Induction cook tops were introduced in Europe approximately 30 years ago, and have been slow in making their way to Australia – probably due to our supply of Gas, and our attachment to it as a cooking source.

Rob also discussed the new ranges of ‘self cleaning’ ovens which heat to a temperature of some 500 degrees Celsius – a temperature hot enough to convert fats to ashes. Once the three hour cycle had concluded it is only necessary to wipe out the oven with a damp cloth (to pick up the ash). Unfortunately the racks and trays used in the oven still need to be washed by hand, and SHOULD NOT be left in the oven while the self-clean cycle is in operation.

Another oven with a difference was the ‘Power Lift Oven’ which at the push of a button the bottom of the oven (and the trays etc) lowered from the oven body to enable easier basting etc. Once completed, the button is pushed again to restore the base to the body of the oven. A Novelty ? – perhaps, but it had Robert Leach intrigued – perhaps Robert was just fascinated with the button pushing ? ? ? ?

The E & S Store had a great range of products ranging from a BBQ at \$11,500, to vacuum cleaners (Geoff and Peta!), to food processors, to microwave ovens, to fridges, to bathrooms, to gas and electric ranges, to washing machines and clothes dryers –etc, etc – the list goes on, but it certainly is a great place to shop, with a wide range of products on offer.

We public ally thank Rob and David for their hospitality, and recommend E & S Trading to all members for their next purchase.

A great night was enjoyed by all who attended.

In concluding the evening, President Tom thanked Geoff Iles for arranging the visit, and to Rob and David for their presentations and generous hospitality they showed us on the night.

Tom, also reminded all members and partners in attendance that next week we will host the District Governor – David Forster and his wife Jenny. Partners are cordially invited to an afternoon tea at Glencoe, commencing at 4.30pm. Members and Partners are invited to our meeting next week.

Desk Duty – Paul Wheelton and Ray McLeod Dryden
Greeter – Geoff Swain
Grace and Loyal Toast – Ross McPhail

ooOoo

ABC TV – 7.30 REPORT – WEDNESDAY OCTOBER 14

Not part of our Program last week, but for the information of Members and Partners, was a TV presentation on ABC2 as part of their 7.30 Report – a feature on the EVOLVE program.

Members will remember the presentation given by Desiree Pettitt on September 8 at our meeting when she discussed the work of EVOLVE with young men in crises.

The TV program provided a further insight into the work of EVOLVE by following two of their candidates into the bush on a camping/bush walking part of the TYPO EXPERIENCE. The program featured two of the candidates – Sam Griffiths-Lewino and Jake Sidney, and showed glimpses of their experiences at Camp TYPO and in the bush.

The program also featured interviews with some of the camp counselors who described the facilities offered at the property outside Wangaratta. The young men whilst at the homestead slept in bunk beds, and were taught blacksmithing and some woodworking skills, as a basis of them developing an understanding of self, and working with others.

Whilst ‘under canvas’ at campsites, the group was responsible for more team building exercises – tent erection, fire building, and cooking as part of their team development.

The TV program cited an average 85% success rate in turning around some of these wayward young men, and also made comment that it was for this reason Governments were becoming even more interested in funding programs like these as there were real benefits to be gained by society, as well as for the candidates themselves.

ED'S WISDOM

A simple brain teaser for all members this week. Who are THE Marketers in our Club?

Simple question.....Simple Answer.....**YOU ARE.** Who, in your circle of friends and acquaintances, knows more about Rotary than **YOU**. How will they learn more about Rotary if it isn't from **YOU**. When You talk about Rotary to your friends and colleagues, what do **YOU** tell them? Can you speak authoritatively about Eradication of Polio? Perhaps about Shelterbox ? What about Safe Water Saves Lives? OK then, what about our Ambassadorial Scholarship Programs?.....If you are stumped by any/all of these suggestions, then ED asks another simple question **WHO WILL DO THE MARKETING OF ROTARY IF YOU CANNOT ?**THINK ABOUT IT.....THEN ACT..... **ENROL IN THE UP-COMING DISTRICT CONFERENCE.....see Bruce McKenzie for details.**

ooOoo

OP-SHOP ASSISTANCE

The following piece is inserted at the request of our Op-Shop Chairman. As can be seen from the range of dates available, there are plenty of opportunities for us to assist Clem and his loyal volunteers.

Op Shop Vacancies needing to be filled in the near future:

Monday 26 October PM

Wednesday 28 October PM

Friday 30 October AM

Wednesday 4 November PM

Friday 6 November AM

Please check your diaries and advise Clem Joyce by next Tuesday 19th when YOU can help – thanks.

It is interesting to note that in an average week in our largest fund raising activity (the Op Shop)

Rotarians and Partners comprise only about 18% of the total Op Shop workforce.

Most of our Op Shop personnel were sourced from local Probus Clubs and nearby community groups.

Quite a few of our Op Shop volunteers are now over eighty years old. It will be quite difficult to find ready replacements for them when they do decide to retire. So we Rotarians and Partners need to respond whenever possible to fill these gaps in the Roster.

These comments speak for themselves.

ooOoo

The following press release was made by Alkira following the parachute jump by Kam Burian. Some of our younger serving members may not know that our Club was instrumental in supporting Alkira right from the beginning. We were instrumental in foundation, and have been a great supporter of Alkira over many years.



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The Rotary Club of Box Hill distributes funds to local community organisations, is involved in Student Awards, and supports Development and Exchange programs including a variety of Rotary International Programs such as medical research and malaria eradication. The Club is also involved in 'Wheel Chairs for Kids', water supplies for East Timor, and Emergency Disaster Relief through the Shelter Box program – most recently in the near Pacific Region.

The Club supports Alkira's work through friendship, activities and grants.

- In recent years the Club has donated \$4,000 to Alkira through the support of the 'Healthy Eating' program and the purchase of automated bus steps.
- Alkira's artists have displayed their work at the Rotary Club of Box Hill Art Show that is held in July each year.
- Alkira is always invited to participate in fundraising activities designed to assist local community organisations to generate income for their clients' benefit. Activities have included participation in Babirra Music Theatre performances through the sale of tickets, and the sale of Easter and Christmas 'In-club' fundraising activities.
- The Rotary Club creates opportunities for Alkira to promote its work to the community.

The Rotary Club of Box Hill raises funds through a number of activities including the July Art Show, the Rotary Recycled Treasures Opportunity Shop and the Whitehorse Farmers Market (with other local Rotary Clubs).

The Farmers Market is on the second Sunday of every month at the Whitehorse Civic Centre, 397 Whitehorse Road Nunawading, from 8am to 1pm. For more information phone (03) 9539 2443.

The Opportunity Shop is at 113 Canterbury Road, Blackburn South, between Safeway and Priceline. Phone: (03) 9877 0613 Hours: 10am–4pm weekdays, and 9.30am–12.30am on Saturdays.



**Rotary Club of Box Hill
CLUB PROGRAMME
October / November 2009**



Date	Topic	Speaker	Chair
October			
20 th	District Governor Visit	District Governor	Tom Thorpe
27 th	Forensic Accountants Victoria Police	Geoff Crawford	Ray McLeod-Dryden
November			
3 rd	CUP DAY	NO MEETING	

**** PLEASE NOTE: If you are unable to fulfill the chair duty on your nominated evening, it would be greatly appreciated if you could arrange a suitable substitute. ****

CLUB DUTY ROSTER

Date	Desk	Greeter	Grace / Toast
October			
20 th	Paul Wheelton Ray McLeod-Dryden	David D'Silva	Ross McPhail
27 th	Charlie XU Carol Pawsey	Geoff Weeks	Clive Nicholson
November			
3 rd	CUP DAY	NO MEETING	

**** PLEASE NOTE: If you are unable to fulfill the allocated duty on the occasion, it would be helpful if you could arrange a "swap" with another person listed.**

BIRTHDAYS & ANNIVERSARIES

Date	Member	Event
October		
25 th	Ray McLeod-Dryden	Wedding Anniversary
27 th	Clem Joyce	Wedding Anniversary
27 th	Helen D'Silva	Partners Birthday

