



ROTARY CLUB OF BOX HILL



Internet
www.boxhillrotary.com.au

Email
info@boxhillrotary.com.au

Volume 54 Issue 10
Tuesday 15th of September 2009

A Message from the President

Twenty-first birthdays are a milestone in anyone's life and are occasions that when we are young we all look forward to. It is our coming of age. It seems to take a long time to come and then some of us would like to stay twenty-one for ever but time moves on and so do we.

This year is a milestone in the life of Rotary for it is twenty-one years since women were allowed to join Rotary. It is the coming of age of inclusion and took a long time to come. For many years until 1988 women were seen and not heard at various Rotary activities but now they are part of the 1.2 million Rotarians around the world engaged in volunteer work, helping in communities and making the world a better place. Rotary has also moved on.

With the induction of Rae and Melissa as members last Tuesday our total membership is now thirty-six and our female membership is now six. Congratulations to Rae and Melissa and a hearty welcome to the world of Rotary.

A very informative and interesting Forum on Mental Health has been held by the International Services Committee of our club. The forum, organised by Chairman Vincent Li and Program Chairman Ray McLeod-Dryden, was attended by twenty-one people including senior members of the local Police Force and others who deal with mental illness problems in various ways on a daily basis. Discussion included the role of the police in mental health issues and of the specialised training they undertake to be able to deal with these issues when called upon, especially in cases of violence which is very frequent.

Most of us are not aware of the enormity of mental health problems mainly because we do not come into contact with people who are suffering. An article published recently in the daily paper stated that money spent fighting mental illness has grown by five per cent in the last ten years and now totals \$4.7 billion annually. It is estimated that forty-five per cent of Australians aged between 16 and 85, that is 7.3 million people, have suffered a mental disorder. These are staggering figures but are unfortunately true.

Mental illness can range from stress caused by many things such as work pressures, financial problems or simply the demands of everyday living, to other types of mental illness. Continued stress can lead to depression and abuse of alcohol and drugs and even suicide. It is estimated that one in five of us will experience depression at some stage in our lives and it is vitally important that we seek the required help.

All attendees at the Forum, which was very ably chaired by Ray, contributed to the discussion and presented some of the problems they are faced with daily in dealing with mental illness. Solutions to these problems were discussed but basically it comes down to the provision of more trained people to share an extremely heavy load. Even more money needs to be spent to cope with the increase in all forms of mental illness. It was stated that Victoria has one of the best mental health programs in Australia and is a world leader but much more needs to be achieved. Thanks to the International Committee for organising a very valuable and worthwhile forum.

Yours in Rotary,

Tom Thorpe

President

LAST WEEK'S MEETING

Sergeant Kath Binns opened the meeting and asked Joe Mardjetko to lead with The Rotary Grace and Loyal Toast. Sergeant Kath then welcomed President Tom to the rostrum.

President Tom welcomed our Guest Speaker Desiree Pettit of Evolve. President Tom also welcomed back Robert Leach, Paul Wheelton, Clive Nicholson and Merv Agnew, and also welcomed Rae Harding and Melissa Mardjetko who were to be inducted during the meeting.



Welcome Back Robert Leach

President Tom notified members that Wheelers Hill Rotary Club (which meets at Mulgrave Country Club) has invited Ken Lay, Police Deputy Commissioner Traffic, to speak at their meeting at 7 PM on Tuesday 15 September and members from other clubs are welcome. (Cost is \$ 22).

President Tom also encouraged members to consider attending the upcoming New Generations Training Seminar at Monkami Training Centre.

President Tom also reminded Board Members of the Board Meeting at Geoff Iles home after the meeting.

President Tom also notified members of the sad passing of Peter Cummins sister-in-law. Condolences to Peter.

Induction of new members

President Tom was pleased to induct two new members:

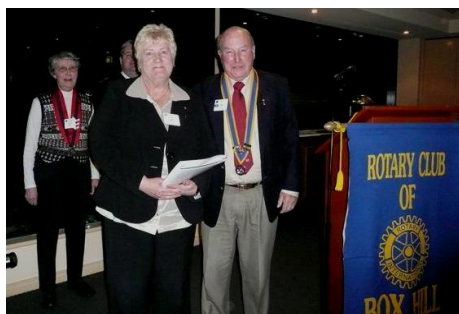
Rae Harding (who was sponsored by Geoff Swain – One more Rae/Ray for our group) and Melissa Mardjetko (who we all know well, and was sponsored by Tom Thorpe).



President Tom welcomes Melissa Mardjetko

Rae represents the vocation of Banking Services and Melissa represents the vocation of Restaurant Services.

Rae was welcomed to the Community Services Committee and Melissa to the Fellowship and Fundraising Committee (where she will be under the chairmanship of a certain Joe Mardjetko).



President Tom welcomes Rae Harding

President Tom then passed the conduct of the meeting to chairman Ray Riehm, who then called for the Secretary's Announcements.

Secretary's Announcements

Tim Lynn announced the following make ups:

- Sue Bishop for attendance at the GSE Meeting to choose a team leader for the 2010 trip to Turkey.
- Carol Pawsey, Vincent Li, Ray McLeod-Dryden, Kath Binns and

Tom Thorpe for attendance at the Rotary Mental Health Forum.

Chairman Ray then asked Committee Chairmen for reports.

Fund Raising and Social – Lloyd Cranwell

Lloyd Cranwell reminded members of the group booking for opening night of South Pacific on Friday 23 October. There will be supper after the show with an opportunity to meet the “stars”.

Whitehorse Farmers’ Market - Colin Johnson

Colin Johnson reminded those who are on the teams for the next Farmers’ Market on Sunday September 13.

Community Service – Ray McLeod-Dryden

Ray said that Carol Pawsey, Vincent Li, Kath Binns, Tom Thorpe and he were part of a very useful discussion at the Rotary Mental Health Forum on Wednesday 2 September.

Ray advised members of the Residential Information Kit which is a residential security kit. He said this was an opportunity for Rotary to sponsor a useful project.

Sergeant – Kath Binns

Sergeant Kath extracted fines from:

- Rotarians who haven’t hosted a Youth Exchange Student.
- Joe Mardjetko for leaving his satchel behind, and for spilling champagne on Geoff Iles.
- Ray Riehm for being a TV star for the Art Show.
- St Kilda and Geelong supporters.
- Robert Leach for being away so long.
- Merv Agnew for taking 5 years to replace some tiles on his roof.
- Ray Riehm for “losing” a raffle book, which fortunately was handed back by the police.
- Rob and Sue Bishop for their wedding anniversary.

LAST WEEK’S GUEST SPEAKER

Chairman Ray then introduced Desiree Pettit, who is the Marketing Co-Ordinator of Evolve at Typo Station.

Desiree gave a very interesting and warmly presented talk on Evolve at Typo Station.

Typo Station is located at the foothills of Mount Typo, about 45 minutes by car from Mansfield. It was formerly a cattle station and is 103 years old. Local folklore has it as a former bushranger hide out. It was donated to Evolve by Wangaratta Appin Park Rotary Club in 1993. About 50 service groups have helped since then.

Desiree explained what Evolve does. It runs residential programs for young people who are at risk, and has had remarkable success in turning around lives.

Evolve runs a number of different programs including:

- Working with schools on programs for Year 9 to Year 11 students who are at risk of dropping out of school.
- A pilot program for Girls called “Go Girls”.

However the most prominent program is the Young Men’s Program for teenage boys from 14 to 17 years. This is a 2 year early intervention program. The program is a voluntary program designed to provide challenges and develop self esteem and vital life skills.

The teenage boys who enter the program have problems including:

- Depression and anxiety issues.
- Anger management issues (Some of the participants have been expelled from 2 or 3 schools).
- Disengaged from school and community (“Smart-Alecs”).
- Anti-social behaviour (including shop lifting, drugs).

The Young Men's Program has the following format:

- A referral and application process.
- A Basic Skills week (including an overnight hike).
- One week back at home.
- A 100 km hike.
- 5 weeks of life on the station, where participants learn to be responsible for themselves. The living is basic. There is no heating and no curtains. If a person wants a shower he needs to first chop wood and stoke the boilers to heat the water.
- At the end of 5 weeks there is a Celebration Day with family and friends (At one of the Celebration Days, Desiree was amazed at the bad way that the parents spoke to their son. You would not talk to dog that way.
- Desiree then realized that it was the parents who were the problem more than the son!)
- There is then a 2 year period of home support including 3 follow up programs which teach useful skills.
- At the end of 2 years there is a Graduation Ceremony.

Desiree joked that the program participants can sometimes drive the staff crazy, therefore why do they keep doing it? The reason is that the program works! They have a 100 % retention rate for their young men.

The program is very "cost effective" when you compare the small cost of \$ 15 per day per boy compared to \$ 1,020 per day for keeping a boy in a Juvenile Justice Facility.

The funding for Evolve at Typo Station comes from the following sources:

- Trusts and Foundations (which is a non-sustainable source of funding).
- Funding from the Magistrates Court.
- Private Philanthropy.
- Corporate Funding.

- Government (They were fortunate to receive a Government grant and a Capital Works Grant only the week before).

Desiree explained that the funding situation is uncertain due to hot competition for a shrinking pool of funds, coupled with increasing demand.

Typically the Young Men's Program has 90 applicants for only 15 available places. There are 4 intakes per year.

The cost of the program is \$10,000 to \$15,000 per person. If the person's family can afford it, they are asked to make a contribution of \$1,100. However if they can't afford it this is not required.

Desiree's speech demonstrated the importance and value of the program, and that many lives have been turned around due to the early intervention. This is clearly a very worthwhile program.



In thanking Desiree for her presentation, Chairman Ray presented her with a small gift as a memento of her evening with us.

ooOoo

Chairman Ray then asked Joe Mardjetko to conduct the weekly raffle, which was won by David Tolstrup.

ooOoo

Ed note – My thanks to Rob Fenton in preparing g this week’s bulletin.....Thank You Rob.

Editors Wisdom !

When thinking about the recruitment of a New Member, ask yourself WHY DID I JOIN ROTARY – WHAT APPEALED TO ME ? Use these thoughts when you think about the people you make contact with on a daily basis.....would ANY of these people be as attracted to Rotary as you have been, and for the same reasons ?

Editor’s Wisdom.....with acknowledgement to Rotary District D9780.

ATTENDANCE

Total Attendance:	28
Club Members:	27 (including the two new members)
Partners:	Nil
Visitors & Visiting Rotarians:	Nil
Guest Speaker:	Desiree Pettit
Apologies:	Peter Cummins
Leave of Absence:	George McLean, Rae Wilson
Make ups:	Sue Bishop (GSE Meeting). Carol Pawsey, Vincent Li, Ray McLeod-Dryden, Kath Binns and Tom Thorpe (Rotary Mental Health Forum).

ooOoo



**Rotary Club of Box Hill
CLUB PROGRAMME
September / October 2009**



Date	Topic	Speaker	Chair
September			
15 th	SCOPE	Jim Weber	Clem Joyce
22 nd	AFL	Tim Adam	David Tolstrup
29 th	Shelterbox	Russell Perry	Rob Fenton
October			
6 th	Rotary Conference	Brian Tyedin	Bruce McKenzie

**** PLEASE NOTE: If you are unable to fulfil the chair duty on your nominated evening, it would be greatly appreciated if you could arrange a suitable substitute. ****

CLUB DUTY ROSTER

Date	Desk	Greeter	Grace / Toast
September			
15 th	Greg Paine Mick Matthews	Paul Wheelton	Ray McLeod-Dryden
22 nd	Rob Fenton Rae Wilson	Clive Nicholson	George McLean
29 th	Lloyd Cranwell Geoff Weeks	Geoff Swain	Clem Joyce
October			
6 th	Ray Riehm Steve Dardamanis	George McLean	Greg Paine

**** PLEASE NOTE: If you are unable to fulfill the allocated duty on the occasion, it would be helpful if you could arrange a "swap" with another person listed.**

BIRTHDAYS & ANNIVERSARIES

Date	Member	Event
September		
15 th	David D'Silva	Wedding Anniversary
18 th	Geoff Iles Paul Wheelton	Induction Anniversary Induction Anniversary
26 th	Joan Donegan Judy Joyce	Birthday Birthday

